

**Exercice 1** *Heisenberg Uncertainty Principle.*

1. Let  $|\phi_\lambda\rangle = (A + i\lambda B)|\psi\rangle$ . For  $\lambda \in \mathbb{R}$ , let us define  $f(\lambda) = \langle\psi_\lambda|\psi_\lambda\rangle$ . It is clear that for any  $\lambda \in \mathbb{R}$ ,  $f(\lambda) \geq 0$ . We also have

$$\begin{aligned} f(\lambda) &= \langle\psi|(A^\dagger - i\lambda^*B^\dagger)(A + i\lambda B)|\psi\rangle = \langle\psi|(A - i\lambda B)(A + i\lambda B)|\psi\rangle \\ &= \langle\psi|A^2|\psi\rangle + \lambda^2\langle\psi|B^2|\psi\rangle + i\lambda\langle\psi|(AB - BA)|\psi\rangle \\ &= \langle\psi|A^2|\psi\rangle + \lambda^2\langle\psi|B^2|\psi\rangle + \lambda\langle\psi|i[A, B]|\psi\rangle, \end{aligned}$$

where we used the Hermitian property of  $A$  and  $B$  and the fact that  $\lambda \in \mathbb{R}$ , thus  $\lambda = \lambda^*$ . First one can simply check that the operator  $i[A, B]$  is a Hermitian operator so the last term  $\langle\psi|i[A, B]|\psi\rangle$  is real-valued so  $f(\lambda)$  is real-valued (this was already clear). We see that  $f(\lambda)$  is a second order polynomial in  $\lambda \in \mathbb{R}$ . As it is non-negative for every value of  $\lambda$ , it results that its discriminant must be negative or zero (for a quadratic equation  $ax^2 + bx + c = 0$  the discriminant is defined by  $\Delta = b^2 - 4ac$ ). Hence, we get

$$|\langle\psi|[A, B]|\psi\rangle|^2 \leq 4\langle\psi|A^2|\psi\rangle\langle\psi|B^2|\psi\rangle.$$

As we assumed that the operators have zero mean,  $\langle\psi|A|\psi\rangle = \langle\psi|B|\psi\rangle = 0$ , we obtain that

$$\Delta A \Delta B \geq \sqrt{\frac{|\langle\psi|[A, B]|\psi\rangle|^2}{4}} = \frac{|\langle\psi|[A, B]|\psi\rangle|}{2}$$

2. This time we will use Cauchy-Schwartz inequality that  $|\langle a|b\rangle|^2 \leq \langle a|a\rangle\langle b|b\rangle$  for any vector  $a$  and  $b$  in any Hilbert space. We also use the following inequality that for any two complex numbers  $x$  and  $y$ ,  $|x - y|^2 \leq 2(|x|^2 + |y|^2)$  which one can simply prove.

$$\begin{aligned} |\langle\psi|[A, B]|\psi\rangle|^2 &= |\langle\psi|AB|\psi\rangle - \langle\psi|BA|\psi\rangle|^2 \stackrel{(a)}{\leq} 2(|\langle\psi|AB|\psi\rangle|^2 + |\langle\psi|BA|\psi\rangle|^2) \\ &\stackrel{(b)}{\leq} 2(\langle\psi|AA^\dagger|\psi\rangle\langle\psi|B^\dagger B|\psi\rangle + \langle\psi|BB^\dagger|\psi\rangle\langle\psi|A^\dagger A|\psi\rangle) \\ &\stackrel{(c)}{=} 4\langle\psi|A^2|\psi\rangle\langle\psi|B^2|\psi\rangle = 4(\Delta A)^2(\Delta B)^2, \end{aligned}$$

where (a) follows from the inequality for complex numbers just mentioned, (b) follows by applying the Cauchy-Schwartz inequality and (c) follows from the Hermitian property of  $A$  and  $B$ .

3. For  $\psi = \frac{1}{\sqrt{2}}(|\uparrow\rangle + i|\downarrow\rangle)$  and  $A = X$  and  $B = Z$ , we have

$$\begin{aligned}\bar{A} &= \langle\psi|A|\psi\rangle = \frac{1}{2}(1 \quad -i) \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 1 \\ i \end{pmatrix} = 0, \\ \bar{A}^2 &= \langle\psi|A^2|\psi\rangle = \frac{1}{2}(1 \quad -i) \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} \begin{pmatrix} 1 \\ i \end{pmatrix} = 1, \\ \bar{B} &= \langle\psi|B|\psi\rangle = \frac{1}{2}(1 \quad -i) \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \begin{pmatrix} 1 \\ i \end{pmatrix} = 0, \\ \bar{B}^2 &= \langle\psi|B^2|\psi\rangle = \frac{1}{2}(1 \quad -i) \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} \begin{pmatrix} 1 \\ i \end{pmatrix} = 1,\end{aligned}$$

where for an operator  $C$ ,  $\bar{C}$  denotes the average of the operator in state  $|\psi\rangle$ . Therefore, we get

$$(\Delta A)^2 = \langle\psi|A^2|\psi\rangle - (\langle\psi|A|\psi\rangle)^2 = 1, (\Delta B)^2 = \langle\psi|B^2|\psi\rangle - (\langle\psi|B|\psi\rangle)^2 = 1.$$

We also know that the Pauli matrices satisfy the identity  $[X, Z] = 2 \begin{pmatrix} 0 & -1 \\ 1 & 0 \end{pmatrix}$ . Thus, we have

$$\langle\psi|[A, B]|\psi\rangle = 2\frac{1}{2}(1 \quad -i) \begin{pmatrix} 0 & -1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 1 \\ i \end{pmatrix} = -2i,$$

which satisfies the uncertainty principle

$$(\Delta A)^2(\Delta B)^2 = 1 \geq \frac{|2i|^2}{4} = \frac{|\langle\psi|[A, B]|\psi\rangle|^2}{4}.$$

In particular, in this case the uncertainty inequality turns out to be an equality.

4. In this exercise, the state of a particle is represented by a function of coordinate variable  $\psi(x)$ . We also know how  $\hat{x}$  and  $\hat{p}$  operators transform this state function. To find the commutator of  $\hat{x}$  and  $\hat{p}$ , we take an arbitrary state function  $\phi(x)$  and investigate how  $[\hat{x}, \hat{p}]$  operates on it. Specifically we have

$$\begin{aligned}(\hat{p}\hat{x})\phi(x) &= \hat{p}(\hat{x}\phi(x)) = \hat{p}(x\phi(x)) = -i\hbar\frac{d}{dx}(x\phi(x)) = -i\hbar(\phi(x) + x\frac{d}{dx}\phi(x)), \\ (\hat{x}\hat{p})\phi(x) &= \hat{x}(-i\hbar\frac{d}{dx}\phi(x)) = -i\hbar x\frac{d}{dx}\phi(x),\end{aligned}$$

which implies that  $[\hat{x}, \hat{p}]\phi(x) = i\hbar\phi(x)$ . As  $\phi$  was an arbitrary function, it results that  $[\hat{x}, \hat{p}] = i\hbar$ .